

Results of all Finals and Heats

Ordered by Program Sequence

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Meeting :ASA U18 (YTH) & U/20 (JNR) CHAMPIONSHIPS at CAPE TOWN STADIUM from 2017/04/07 to 2

Printed on Fri 7 April 2017 20:27

Performance Scores: IAAF_2014 table, Electronic Time, Height above sea=10

Event=	1	6:30 Final Women U20 (Junior) 10km Walk						
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	KOEN	ANNETTE	85	ATHLETICS	52:35.2			0 G
2	VILJOEN	MIZAN	153	ATHLETICS	53:48.6			0 S
3	STAFFORD	MILANDRE	90	ATHLETICS	54:38.5			0 B
4	MSHEBA	PALESA	710	CENTRAL G	58:50.5			0
5	NIEUWOUW	MIKA	579	BOLAND A	01:50.6			0
6	MASHABA	SIPHOKATI	691	CENTRAL G	10:32.1			0

Event=	2	8:00 Heat 1 of 4 Women U18 (Youth) 400m						
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	VAN DER MERWE	ZENEY	179	ATHLETICS	00:57.9			0
2	GIBBON	NICOLA	955	ATHLETICS	00:58.0			0
3	VAN SCHALJANCKE		480	BOLAND A	00:58.5			0
4	DE KLERK	XANTE	468	ATHLETICS	00:58.7			0
5	BALOYI	FANISA	856	LIMPOPO A	00:59.9			0
6	DEGENAAR	JUANITA	295	ATHLETICS	01:01.1			0

Event=	2	8:00 Heat 2 of 4 Women U18 (Youth) 400m						
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	VILJOEN	MARLI	193	ATHLETICS	00:56.6			0
2	LOUW	KATINKA	512	BOLAND A	00:58.1			0
3	BREYTENBURG	THARIEN	397	ATHLETICS	00:58.2			0
4	HEKHUBVI	SHERLY	60	ATHLETICS	01:04.6			0
5	CLARKE	CASSIDY	916	NORTH WE	01:04.8			0

Event=	2	8:00 Heat 3 of 4 Women U18 (Youth) 400m						
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	CUSTODIO	LEANDRA	517	BOLAND A	00:58.1			0
2	VELDMAN	MATHABO	188	ATHLETICS	00:59.1			0
3	BURGESS	SUZIE	965	ATHLETICS	00:59.5			0
4	AHRENS	KIRSTEN	818	KWA-ZULU	01:02.4			0
5	MARCUS	C'LIVIA	909	NORTH WE	01:04.4			0
6	COSSA	THEMBI	299	ATHLETICS	01:05.2			0

Event=	2	8:00 Heat 4 of 4 Women U18 (Youth) 400m						
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal

1	VAN HEER	PETRONELI	806	GRIQUALAI	00:58.0	0
2	ENGELBRE	CARLI	450	ATHLETICS	00:58.1	0
3	MBATHA	SESIMPHIM	967	ATHLETICS	00:58.3	0
4	MPITI	DELINE	358	ATHLETICS	00:58.7	0
5	MAHLOKO	BIOTUMELI	858	LIMPOPO A	01:00.0	0
6	STEVENS	CARLA	50	WESTERN F	01:00.1	0

Event= 3 8:10 Heat 1 of 3 Men U18 (Youth) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	SOKWAKH	ZAZINI	226	ATHLETICS	00:48.4	0
2	JONKER	GERT JOHA	687	CENTRAL G	00:49.3	0
3	GORA	LINDOKUHI	222	ATHLETICS	00:49.8	0
4	WELCOME	TAHRIQ	15	WESTERN F	00:50.4	0
5	NTJIE	LETHABO	888	LIMPOPO A	00:51.6	0
6	MYBURGH	MARCO	890	LIMPOPO A	00:52.3	0

Event= 3 8:10 Heat 2 of 3 Men U18 (Youth) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	MATLALA	FRANS	672	CENTRAL G	00:49.1	0
2	MATLALA	LESEDI	673	CENTRAL G	00:50.6	0
3	GREYLING	BENNIE	558	BOLAND A	00:50.8	0
4	KHOZA	AMOS	311	ATHLETICS	00:51.1	0
5	KRAMER	BRAAM	319	ATHLETICS	00:51.5	0
6	KERILENG	GOMOLEM	366	ATHLETICS	00:51.6	0

Event= 3 8:10 Heat 3 of 3 Men U18 (Youth) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	MEINTJIES	BENU	809	GRIQUALAI	00:49.5	0
2	WEBER	JASON	14	WESTERN F	00:49.9	0
3	DAMPIES	GRANT	51	WESTERN F	00:50.7	0
4	MATLAPEN	BOKANG	877	LIMPOPO A	00:51.3	0
5	RICHTER	COETZEE	313	ATHLETICS	00:51.5	0
6	LUNGISA	BAKANA	635	BORDER A1	00:58.5	0

Event= 4 8:30 Heat 1 of 3 Women U20 (Junior) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	LE ROUX	AMOURE	699	CENTRAL G	00:57.1	0
2	LOMBAARI	BELLANCA	86	ATHLETICS	00:58.1	0
3	BASSON	KRISTIN	776	EASTERN P	00:58.7	0
4	STRAMROC	CELIA	711	CENTRAL G	00:59.1	0
5	VAN DEN	HAMORI	461	ATHLETICS	01:01.0	0
6	FARMER	ROXANNE	917	NORTH WE	01:06.3	0

Event= 4 8:30 Heat 2 of 3 Women U20 (Junior) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	LUTZ	JULIA ANN	712	CENTRAL G	00:58.9	0
2	SCHUTTE	LARA	893	LIMPOPO F	00:59.5	0
3	CONRADIE	LOUISE	583	BOLAND A	00:59.7	0
4	MBHELE	SPHESIHLE	838	KWA-ZULU	01:00.0	0
5	JORDAN	INGE-LYNN	84	ATHLETICS	01:00.8	0

Event= 4 8:30 Heat 3 of 3 Women U20 (Junior) 400m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	SANDER	CARIEN	141	ATHLETICS	00:57.6	0		
2	KOEGELENI	MARIE-LOL	584	BOLAND A	00:58.3	0		
3	SCHUTTE	LOUISE	894	LIMPOPO F	00:59.6	0		
4	JORDAAN	ANSO	331	ATHLETICS	01:03.9	0		

Event= 5 8:30 Round 1 of 2 Men U20 (Junior) LongJump

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	MEIRING	ZINEDINE	33	WESTERN F	6.89	0		
2	MODIMOK	IRWIN	384	ATHLETICS	6.85	0		
3	PRYDE	ZACK	44	WESTERN F	6.8	0		
4	PONISAMM	NORBERT	352	ATHLETICS	6.77	0		
5	PIETERSE	MULLER	272	ATHLETICS	6.76	0		
6	BANDA	MAUDAS	337	ATHLETICS	6.75	0		
7	NKOSI	MANQOBA	273	ATHLETICS	6.74	0		
8	GREEN	KYLE	43	WESTERN F	6.73	0		
9	BROERSMA	HARRY	473	ATHLETICS	6.12	0		

Event= 7 8:30 Final Women U18 (Youth) HighJump

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	SNYMAN	KRISTI	5	WESTERN F	1.74	0	G	
2	NGOZO	MICHELLE	191	ATHLETICS	1.71	0	S	
3	SLOT	FLEUR	504	BOLAND A	1.71	0	B	
4	HOWARD	CARYN-ANI	760	EASTERN P	1.68	0		
5	WENTZEL	MARIONIQ	63	ATHLETICS	1.55	0		
6	VENN	IVANNA	187	ATHLETICS	1.55	0		
7	KETCH	LEANDRE	486	BOLAND A	1.55	0		
8	HUMAN	NICA	743	CENTRAL G	1.55	0		

Event= 8 8:30 Final Men U20 (Junior) Discus

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	VISSER	WERNER	729	CENTRAL G	57.08	0	G	
2	LAMBRECH	BURGER	248	ATHLETICS	56.87	0	S	
3	DUVENHAC	PATRICK	279	ATHLETICS	56.37	0	B	
4	MARAIS	NAAS	341	ATHLETICS	53.84	0		
5	VERMEULE	FRANCOIS	603	BOLAND A	51.43	0		
6	VAN NIEKE	MARKO	597	BOLAND A	50.19	0		
7	BLIGNAUT	KAYLE	730	CENTRAL G	49.65	0		
8	VAN DER V	NICO	29	WESTERN F	40.97	0		

9 BROWN JEAN 922 NORTH WE 39.26 0

Event= 11 8:40 Heat 1 of 4 Men U20 (Junior) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	SITHOLI	BONGANI	168	ATHLETICS	00:48.8		0
2	DLODLO	THANDO	731	CENTRAL G	00:49.3		0
3	VILJOEN	JANSEN	968	ATHLETICS	00:49.5		0
4	PETERSEN	ASHRAF	931	WESTERN F	00:49.8		0
5	SEPOTOKEI	LEHLOGON	268	ATHLETICS	00:49.8		0
6	SOMLOTHA	SIYASANGA	649	BORDER A	00:51.2		0
7	ROOS	JANO	466	ATHLETICS	00:51.9		0

Event= 11 8:40 Heat 2 of 4 Men U20 (Junior) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	NEL	JOHANNES	919	NORTH WE	00:49.7		0
2	ISAACS	GADEO	623	BOLAND A	00:49.7		0
3	PALMERI	FABIO	927	WESTERN F	00:49.8		0
4	MOOSA	TIAAN	618	BOLAND A	00:49.8		0
5	NKUNKUM	ABONGILE	100	ATHLETICS	00:53.2		0

Event= 11 8:40 Heat 3 of 4 Men U20 (Junior) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	NENE	ZAKITHI	849	KWA-ZULU	00:48.6		0
2	BISSCHOP	BRAAM	270	ATHLETICS	00:48.7		0
3	BOPHI	KHAKALETHI	647	BORDER A	00:49.2		0
4	REMANO	FELIX	788	EASTERN P	00:50.1		0
5	MASILELA	OMPHILE	377	ATHLETICS	00:50.7		0
6	BOYA	SIPHOSETH	39	WESTERN F	00:51.1		0
7	MODIMOK	IRWIN	384	ATHLETICS	00:52.4		0

Event= 11 8:40 Heat 4 of 4 Men U20 (Junior) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	MARICH	NIKOLAS	714	CENTRAL G	00:50.1		0
2	PENNELLS	QUINTIN	722	CENTRAL G	00:50.3		0
3	MARITSE	WELBORN	162	ATHLETICS	00:50.5		0
4	VAN BILJOI	LODEWYK	97	ATHLETICS	00:50.6		0
5	NDONGENI	LIKHO	948	ATHLETICS	00:52.6		0
6	KGAGARA	ITUMELENG	289	ATHLETICS	00:53.3		0

Event= 12 9:10 Final Women U18 (Youth) 2000m SteepleChase
Place Surname Firstname Number Team Performance Points Table Medal

1	KOEKEMOEF	SHANLEY	197	ATHLETICS	06:42.7		0 G
2	DU PREEZ	CARA	65	ATHLETICS	06:45.2		0 S
3	MAKGOGA	LETHABO	654	CENTRAL G	06:45.9		0 B
4	MARUPING	THSWANEL	655	CENTRAL G	06:54.2		0

5	MAKHURA	ESABEL	178	ATHLETICS	07:10.0	0
6	BLUNDEN	DANAE	665	CENTRAL G	07:42.1	0
7	VELLEM	RONELDA	489	BOLAND A	07:49.6	0
8	VAN DEVEN	BIANCA	57	ATHLETICS	07:49.6	0
9	SCHLEHME	CAITLYN C	482	BOLAND A	07:52.6	0
10	VAN DEVEN	YOLANDI	58	ATHLETICS	08:14.8	0
11	VILJOEN	BERNICE	664	CENTRAL G	08:16.7	0
12	MOJAPELO	LETHABO	867	LIMPOPO A	09:01.7	0

Event= 13 9:25 Final Men U18 (Youth) 2000m SteepleChase
Place Surname Firstname Number Team Performance Points Table Medal

1	DE VILLIER	ROBERT	68	ATHLETICS	05:48.1	0	G
2	MOREMI	OLEBOGEN	369	ATHLETICS	05:57.4	0	S
3	LEPHOTO	TUMI	680	CENTRAL G	06:01.6	0	B
4	BEUKES	CALEB	677	CENTRAL G	06:02.3	0	
5	MAHLOANI	LEBOHANG	128	ATHLETICS	06:02.5	0	
6	MARIBE	TSHIAMO	206	ATHLETICS	06:05.9	0	
7	MATHIBE	TSHEPANG	127	ATHLETICS	06:20.5	0	
8	SKITI	LOYISO	548	BOLAND A	06:21.4	0	
9	RIEGARDT	MARLIN	547	BOLAND A	06:27.2	0	
10	SEOPOSENI	NICO	682	CENTRAL G	06:29.5	0	
11	FLINK	CARLO	17	WESTERN F	06:31.9	0	
12	MGAGA	SPHESIHLE	829	KWA-ZULU	06:32.7	0	
13	AGENBAG	JANNO	771	EASTERN P	06:34.9	0	
14	DUIKER	CONWILL	562	BOLAND A	06:34.9	0	
15	KALAMINA	GRAHAM	530	BOLAND A	06:35.5	0	
16	DIKGALE	KOKETSO	882	LIMPOPO A	06:37.2	0	

Event= 15 9:45 Heat 1 of 4 Women U18 (Youth) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	XEYI	ROSE	189	ATHLETICS	12.33	0
2	BOMPAS	JESSICA	820	KWA-ZULU	12.5	0
3	MOFOME	MICHELLE	283	ATHLETICS	12.89	0
4	WAIT	SASKIA	753	EASTERN P	12.9	0
5	PHASHA	REMONEILI	282	ATHLETICS	12.98	0
6	KELLERMAI	SIMONE	958	ATHLETICS	13.06	0
7	MARAIS	LEHANE	653	CENTRAL G	13.28	0
8	VAN DER M	NICOLA	46	WESTERN F	13.41	0
9	KGADIMA	MMANOKI	190	ATHLETICS	13.82	0
10	MPHIKE	ONDAMKEI	429	ATHLETICS	14.3	0

Event= 15 9:45 Heat 2 of 4 Women U18 (Youth) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	WOEST	VERUSHKA	669	CENTRAL G	12.14	0
2	JANSE VAN	SHERE	445	ATHLETICS	12.27	0
3	ISAACS	CAITLIN	516	BOLAND A	12.56	0
4	JOHNSON	LARA	7	WESTERN F	12.58	0

5	VOSLOO	LEONETTE	869	LIMPOPO A	12.79	0
6	VOSLOO	CHARNE	870	LIMPOPO A	12.99	0
7	ROOS	ELANÉ	303	ATHLETICS	13	0
8	NGEMA	SNETHEMB	817	KWA-ZULU	13.1	0
9	GQENGE	OLWETHU	430	ATHLETICS	14.23	0

Event= 15 9:45 Heat 3 of 4 Women U18 (Youth) 100m

Place	Surname	Firstname	Number	Team	Performance Points	Table	Medal
1	MOSIME	CAROLINE	199	ATHLETICS	12.2	0	
2	PAULSE	JADE	476	BOLAND A	12.33	0	
3	JEWASKIEV	ZENOBEA	863	LIMPOPO A	12.48	0	
3	HANNEKOM	NATALIE	960	ATHLETICS	12.48	0	
5	VAN ZYL	VASTI	56	ATHLETICS	12.56	0	
6	WILLIAMS	ZOE'	499	BOLAND A	12.6	0	
7	KIVIDO	ANGEL	116	ATHLETICS	12.66	0	
8	BOTHA	SOLEIL	759	EASTERN P	12.68	0	
9	KUBHEKA	PHINDILE	823	KWA-ZULU	12.95	0	
10	KOEN	CHANTE	300	ATHLETICS	12.98	0	

Event= 15 9:45 Heat 4 of 4 Women U18 (Youth) 100m

Place	Surname	Firstname	Number	Team	Performance Points	Table	Medal
1	MBISA	JOVIALE	114	ATHLETICS	12.21	0	
2	VAN DER M	NICOLA	180	ATHLETICS	12.24	0	
3	KLAAS	ZINAM	3	WESTERN F	12.34	0	
4	DU PLESSIS	RENSKE	122	ATHLETICS	12.44	0	
5	PRETORIUS	MIA	469	ATHLETICS	12.85	0	
6	OLIPHANT	JAMIE-LEIG	503	BOLAND A	13.11	0	
7	ENGELBRECHT	ALETTA	807	GRIQUALA	13.53	0	

Event= 16 9:45 Round 2 of 2 Men U20 (Junior) LongJump

Place	Surname	Firstname	Number	Team	Performance Points	Table	Medal
1	PEDRO	AARON	721	CENTRAL G	7.31	0	
2	MATTHEE	KARL-OTTC	26	WESTERN F	6.92	0	
3	VILAKAZI	SIBUSISO	348	ATHLETICS	6.73	0	
4	MPANGAN	BONGANE	739	CENTRAL G	6.72	0	
4	MPEFU	JUNIOR	619	BOLAND A	6.72	0	
6	ROBERTS	CRISSIO	41	WESTERN F	6.67	0	
7	LETHEBE	DANIEL	899	LIMPOPO A	6.65	0	
8	NEL	WIAN	264	ATHLETICS	6.42	0	

Event= 19 10:00 Final Women U18 (Youth) Discus

Place	Surname	Firstname	Number	Team	Performance Points	Table	Medal
1	VAN DER M	THARINA	113	ATHLETICS	49.18	0	G
2	UYS	COLETTE	123	ATHLETICS	42.8	0	S
3	VAN VUUR	ILKE	752	EASTERN P	40.58	0	B
4	STRYDOM	MEIKE	398	ATHLETICS	38.85	0	

5	HARRIS	KAYLA	812	KWA-ZULU	37.54	0
6	VAN TOND	JANCKE	446	ATHLETICS	37.42	0
7	COETZEE	CARA	505	BOLAND A	36.75	0
8	OPPERMAN	SHANIE	452	ATHLETICS	34.43	0
9	VAN DER V	CLAUDIA	47	WESTERN F	33.72	0
10	STASSEN	HEIDIE	49	WESTERN F	33.62	0
11	MEYER	ZANDRI	816	KWA-ZULU	33.28	0
12	BOTHA	ELME	392	ATHLETICS	32.81	0
13	CHURCH	CAITLIN	449	ATHLETICS	30.67	0
14	OOSTHUIZ	LEONE	761	EASTERN P	25.11	0

Event=	20	10:10 Heat 1 of 6 Men U18 (Youth) 100m					
Place	Surname	Firstname	Number	Team	Performance Points	Table	Medal
1	KUNZ	PIETER	322	ATHLETICS	11.08		0
2	CLOETE	ZANDRE	883	LIMPOPO A	11.13		0
3	MIYA	TEBOGO	685	CENTRAL G	11.19		0
4	MOLETE	RELEBOHIL	137	ATHLETICS	11.24		0
5	KGOSI	MOHLALA	457	ATHLETICS	11.3		0
6	HOFFMAN	SVEN	929	WESTERN F	11.5		0
7	NDABA	THABO	879	LIMPOPO A	13.24		0

Event=	20	10:10 Heat 2 of 6 Men U18 (Youth) 100m					
Place	Surname	Firstname	Number	Team	Performance Points	Table	Medal
1	MLENGA	RETSHIDITS	219	ATHLETICS	10.78		0
2	NJILI	LUNGELO	915	NORTH WE	11.27		0
3	VAN DER V	STEFAN	66	ATHLETICS	11.74		0
4	LABUSCHA	KEAGAN	363	ATHLETICS	11.75		0
5	XHOBANI	LUMKO	434	ATHLETICS	11.9		0
6	MORAKE	NEO	136	ATHLETICS	12.33		0

Event=	20	10:10 Heat 3 of 6 Men U18 (Youth) 100m					
Place	Surname	Firstname	Number	Team	Performance Points	Table	Medal
1	LEMAO	TSHENOLO	210	ATHLETICS	10.69		0
2	DAVIDS	LUKE	11	WESTERN F	10.74		0
3	LOSPER	DAMIAN	316	ATHLETICS	11.03		0
4	NTLABA	MOEKETSI	561	BOLAND A	11.3		0
5	DAVID	MTHIMUN'	284	ATHLETICS	11.31		0
6	DARIES	PRINS PETF	910	NORTH WE	11.77		0

Event=	20	10:10 Heat 4 of 6 Men U18 (Youth) 100m					
Place	Surname	Firstname	Number	Team	Performance Points	Table	Medal
1	MOHAMED	MIKAAILL	631	BORDER A1	11.19		0
2	SMITH	TRISTAN	745	CENTRAL G	11.65		0
3	MOJE	PHEMELO	368	ATHLETICS	11.8		0
3	THWALA	APHIWE	831	KWA-ZULU	11.8		0
5	KAAPU	KAMOGELC	361	ATHLETICS	11.93		0

6 RASEFATE ATLEGANG 878 LIMPOPO A 11.96 0

Event= 20 10:10 Heat 5 of 6 Men U18 (Youth) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	DOUWIE	ANDRICUS	367	ATHLETICS	10.99		0
2	UYS	DONOVAN	323	ATHLETICS	11.18		0
3	NKOANE	AGREEMEN	134	ATHLETICS	11.34		0
4	MOSTERT	HUGO	553	BOLAND A	11.37		0
5	MKHWANA	SIMPHIWE	71	ATHLETICS	11.85		0

Event= 20 10:10 Heat 6 of 6 Men U18 (Youth) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	PIETERSEN	DUWANE	772	EASTERN P	10.98		0
2	GERTSE	CURWIN	542	BOLAND A	11.08		0
3	CLASSEN	ZANE	773	EASTERN P	11.28		0
4	DAMARAH	ANGUS	911	NORTH WE	11.35		0
5	HARMSE	EDUANIQ	873	LIMPOPO A	11.38		0
6	MALEFO	OBAKENG	364	ATHLETICS	11.86		0

Event= 21 10:30 Round 1 of 2 Men U18 (Youth) Shotput
Place Surname Firstname Number Team Performance Points Table Medal

Event= 22 10:35 Heat 1 of 3 Women U20 (Junior) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	VAN DER N	SIMONE	693	CENTRAL G	12.38		0
2	ROBERTSO	NIKITA	241	ATHLETICS	12.59		0
3	HORN	MARNA	373	ATHLETICS	13.11		0
4	KHOROLA	OLEBOHEN	79	ATHLETICS	13.34		0

Event= 22 10:35 Heat 2 of 3 Women U20 (Junior) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	NEL	VALESCA	236	ATHLETICS	12.04		0
2	VAN HEER	ANJA	24	WESTERN F	12.09		0
3	VERMEULE	JEAN-MARI	238	ATHLETICS	12.23		0
4	WELGEMO	HELENE	152	ATHLETICS	12.46		0

Event= 22 10:35 Heat 3 of 3 Women U20 (Junior) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	VAN DER V	SHERINE	695	CENTRAL G	12.27		0
2	FOX	CHRISTEN	154	ATHLETICS	12.47		0
3	UNDERHAY	TAYLOR	704	CENTRAL G	12.82		0
4	VAN LENTE	CLAIRE	892	LIMPOPO A	13.12		0

Event= 23 10:50 Heat 1 of 7 Men U20 (Junior) 100m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	MAHOLELA	THAPELO	253	ATHLETICS	10.76			0
2	SAULS	NATHANIEL	747	CENTRAL G	10.85			0
3	MZOBE	MFUNDO	855	KWA-ZULU	11			0
4	FREITAS	MICHAEL	906	LIMPOPO A	11.34			0
5	SEFANYETS	JUNIOR	381	ATHLETICS	11.35			0
6	HOLMES	LOGAN	795	EASTERN P	11.4			0

Event= 23 10:50 Heat 2 of 7 Men U20 (Junior) 100m								
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	MONGWE	MFUMO	905	LIMPOPO A	11.35			0

Event= 23 10:50 Heat 3 of 7 Men U20 (Junior) 100m								
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	NOBLE	ETHAN	40	WESTERN F	10.83			0
2	MALATJI	NOKO	897	LIMPOPO A	11.18			0
3	MEYER	CARL	719	CENTRAL G	11.22			0
4	MABALE	GOMOLEM	375	ATHLETICS	11.26			0
5	SCHREUDE	FRANCO	99	ATHLETICS	11.52			0
6	KEKANA	KOPANO	380	ATHLETICS	11.63			0

Event= 23 10:50 Heat 4 of 7 Men U20 (Junior) 100m								
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	PONISAMN	NORBERT	352	ATHLETICS	10.98			0
2	KWALI	DUKE	355	ATHLETICS	11			0
3	STEYN	JOHAN	798	EASTERN P	11.19			0
3	MABYANE	PHENYO	94	ATHLETICS	11.19			0

Event= 23 10:50 Heat 5 of 7 Men U20 (Junior) 100m								
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	MONAREN	THEMBO	278	ATHLETICS	11.11			0
2	MASEKO	LEHLOGON	250	ATHLETICS	11.35			0
3	NONYANE	THAMSAQ	105	ATHLETICS	11.45			0
4	SHINGWEN	XITIVISO	902	LIMPOPO A	11.7			0
5	VILJOEN	VIAN	471	ATHLETICS	12.09			0

Event= 23 10:50 Heat 6 of 7 Men U20 (Junior) 100m								
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	AFRICA	AMAAN	604	BOLAND A	10.84			0
2	VAN DER M	JOHAN	98	ATHLETICS	11			0
3	CORDIER	DONOVAN	383	ATHLETICS	11.18			0
4	LETHEBE	DANIEL	899	LIMPOPO A	11.2			0
5	NDEBELE	ANDISWA	848	KWA-ZULU	11.27			0
6	VANDALA	NANDE	785	EASTERN P	11.3			0

Event=	23	10:50	Heat 7 of 7 Men U20 (Junior) 100m					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	NDLELA	ANDISWA	847	KWA-ZULU	11.48			0
2	MABENA	WILLIAM	896	LIMPOPO A	11.52			0
3	VILJOEN	ANDRE	903	LIMPOPO A	11.61			0

Event=	24	11:00	Final Men U18 (Youth) HighJump					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	POOLE	BREYTON	22	WESTERN F	2.15			0 G
2	SHABANGU	MATOME	684	CENTRAL G	1.95			0 S
3	ADAMS	JJ	540	BOLAND A	1.95			0 B
4	MASWANGU	GAYISA	207	ATHLETICS	1.95			0
5	BASSICK	EMILIO	523	BOLAND A	1.9			0
6	DE SWARD	NATHANAE	679	CENTRAL G	1.9			0
7	VALLY	USAAMAH	826	KWA-ZULU	1.9			0
8	MAKALENGU	RORISANG	876	LIMPOPO A	1.9			0
9	PLATT	KEENAN	220	ATHLETICS	1.85			0
10	MATFIELD	PHILLIP	309	ATHLETICS	1.85			0
11	SNYMAN	DANIEL	408	ATHLETICS	1.8			0
12	MANTJIU	POTLAKO	875	LIMPOPO A	1.8			0

Event=	25	11:00	Round 1 of 2 Women U18 (Youth) LongJump					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	MASHABA	NOLWAZI	292	ATHLETICS	5.73			0
2	VAN WYK	KARISSA	293	ATHLETICS	5.53			0
3	VAN VUUR	LANE	112	ATHLETICS	5.43			0
4	VAN JAARS	LIANE	658	CENTRAL G	5.33			0
5	DONOUGH	AMEERAH	6	WESTERN F	5.25			0
6	MORAKE	GONTSE	198	ATHLETICS	5.21			0
7	DUNCAN	LENé	10	WESTERN F	5.19			0
7	BENJAMIN	SHANNON	483	BOLAND A	5.19			0
9	MPITI	DELINE	358	ATHLETICS	5.02			0
10	STEYN	JESSICA	453	ATHLETICS	4.86			0

Event=	28	11:25	Heat 1 of 2 Women U18 (Youth) 1500m					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	BERRY	JESSICA	294	ATHLETICS	04:58.2			0
2	LOUW	NICOLE	119	ATHLETICS	04:58.5			0
3	AQUMASH	ATHEMBA	8	WESTERN F	04:58.9			0
4	MASHISHI	DIPUO	656	CENTRAL G	04:59.0			0
5	DUMISA	SISANDA	203	ATHLETICS	04:59.1			0
6	THEMANE	BEETRICE	663	CENTRAL G	04:59.2			0
6	BOON	RODE	451	ATHLETICS	04:59.2			0
8	SOENIES	MICOLA	515	BOLAND A	05:00.7			0
9	TSHOTSHO	ELAM	938	ATHLETICS	05:13.9			0

Event=	28	11:25	Heat 2 of 2 Women U18 (Youth) 1500m					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	ROELOFSE	LYNDI	668	CENTRAL G	04:54.2			0
2	SHANGE	YANDISWA	662	CENTRAL G	04:55.7			0
3	OELOFSE	VICKY	757	EASTERN P	04:56.2			0
4	JILEKA	APHELELE	819	KWA-ZULU	04:57.0			0
5	LOMBARD	ESTIE	301	ATHLETICS	04:57.5			0
6	GELDENHU	MILA	961	ATHLETICS	05:01.2			0

Event=	29	11:30	Round 2 of 2 Men U18 (Youth) Shotput					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal

Event=	30	11:30	Final Men U18 (Youth) Hammer					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	DU PLESSIS	PAUL JOHA	775	EASTERN P	63.99			0 G
2	BOTHMA	DAMIEN	551	BOLAND A	59.78			0 S
3	HAVINGA	JAMES	124	ATHLETICS	58.99			0 B
4	KOBOKOAM	CEDRIC	135	ATHLETICS	58.6			0
5	KOTZÉ	JEAN-JACQ	20	WESTERN F	57.01			0
6	KLEINHANS	KAREL	407	ATHLETICS	56.78			0
7	NIEMAND	CLINT JAN	405	ATHLETICS	56.52			0
8	BRUWER	LUDWIG	557	BOLAND A	55.92			0
9	BEER	RUWALDO	768	EASTERN P	54.82			0
10	LE ROUX	STIAAN	808	GRIQUALAI	54.4			0
11	MINNAAR	JOHAN	133	ATHLETICS	53.73			0
12	CONRADIE	WYNAND	833	KWA-ZULU	52.12			0
13	HAVENGA	ERIC	525	BOLAND A	40.62			0

Event=	31	11:45	Heat 1 of 2 Men U18 (Youth) 1500m					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	KUBJOANE	ABRAM	889	LIMPOPO A	04:03.4			0
2	MOLOTSI	OMPHILE	224	ATHLETICS	04:03.4			0
3	MATWEBU	NGCONDE	126	ATHLETICS	04:03.4			0
4	NDLOVU	NHLOSO	828	KWA-ZULU	04:03.6			0
5	MTAMBO	STHEMBISC	287	ATHLETICS	04:04.4			0
6	FERREIRA	BJORN	769	EASTERN P	04:08.1			0
7	MUNNIK	LUAN	953	ATHLETICS	04:10.9			0
8	RIEGARDT	MARLIN	547	BOLAND A	04:13.7			0
9	ZAMANI	SIYAMTHAI	939	ATHLETICS	04:13.7			0
10	RYK	HEINRICH	928	WESTERN F	04:13.8			0

Event=	31	11:45	Heat 2 of 2 Men U18 (Youth) 1500m					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	NDLOVU	SIYABONGA	209	ATHLETICS	04:03.9			0

2	SWART	CHRISTOPH	228	ATHLETICS	04:04.6	0
3	KRENTZECK	DYLAN	690	CENTRAL G	04:05.0	0
4	OOSTHHUIJ	RONEN	371	ATHLETICS	04:05.9	0
5	DALLY	KEEGAN	285	ATHLETICS	04:07.0	0
6	MAHASE	BONANG	825	KWA-ZULU	04:07.9	0
7	KOMBELA	WAYDEN	411	ATHLETICS	04:11.6	0
8	NAZO	AVELA	432	ATHLETICS	04:13.5	0
9	EMIHLE	MKLETHE	630	BORDER AT	04:15.6	0
10	OWAGENG	OTSILE	76	ATHLETICS	04:22.6	0

Event= 33 12:15 Round 2 of 2 Women U18 (Youth) LongJump
Place Surname Firstname Number Team Performan Points Table Medal

1	CORNELISS	ANDREA	507	BOLAND A	5.29	0
2	SOLARIN	ESTHER	200	ATHLETICS	5.28	0
3	DE JAGER	MARCHELL	862	LIMPOPO A	5.26	0
4	KOMMER	ANDREA	395	ATHLETICS	5.2	0
5	MAKONI	BETHEL	291	ATHLETICS	5.16	0
6	KETCH	LEANDRE	486	BOLAND A	5.03	0
7	LUDDICK	BRITHANEY	521	BOLAND A	4.98	0
8	ENGELBRECHT	CARLI	450	ATHLETICS	4.84	0

Event= 36 12:25 Heat 1 of 2 Men U20 (Junior) 1500m
Place Surname Firstname Number Team Performan Points Table Medal

1	MALEBANE	DAIS	252	ATHLETICS	04:06.9	0
2	LEHLOGOU	MORE	263	ATHLETICS	04:06.9	0
3	LEKHULENI	THULANI	344	ATHLETICS	04:07.1	0
4	MPHAHLEL	RYAN	740	CENTRAL G	04:07.3	0
5	VITI	THABO	728	CENTRAL G	04:07.5	0
6	LEPHAILA	MOSUWE	165	ATHLETICS	04:08.9	0
7	MPHUBAN	TEMBALIHI	940	ATHLETICS	04:11.3	0
8	BOOISE	CHRISTOPH	615	BOLAND A	04:13.7	0
9	SOLOMON	DULLAN	426	ATHLETICS	04:22.3	0
10	MAPHUNYI	POLOKO	95	ATHLETICS	04:27.1	0

Event= 36 12:25 Heat 2 of 2 Men U20 (Junior) 1500m
Place Surname Firstname Number Team Performan Points Table Medal

1	KUSCHE	GEORGE	280	ATHLETICS	04:05.5	0
2	MOLEJANE	NOPE	172	ATHLETICS	04:05.5	0
3	SIDINILE	KUTLWESIS	727	CENTRAL G	04:05.5	0
4	SLINGER	ROMANO	791	EASTERN P	04:05.6	0
5	KOTZÉ	AUBREY	54	WESTERN F	04:05.6	0
6	KUPISO	THEMBEKII	107	ATHLETICS	04:07.0	0
7	MADUWA	PHELANI	463	ATHLETICS	04:07.6	0
8	MKHUPENI	TABILE	441	ATHLETICS	04:08.0	0
9	NYALUNGL	MIENGETO	109	ATHLETICS	04:08.2	0

Event= 37 12:50 Heat 1 of 2 Women U18 (Youth) 100m Hurdles

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	VAN DER MERW	MANTOINETI	182	ATHLETICS	14.1			0
2	VAN DER MERW	CARMINE	659	CENTRAL G	14.65			0
3	MARAIS	LEHANE	653	CENTRAL G	14.79			0
4	HUGO	ELIZE	520	BOLAND A	15.2			0
5	VAN WYK	KARISSA	293	ATHLETICS	15.51			0
6	VENTER	ANE	62	ATHLETICS	15.54			0

Event= 37 12:50 Heat 2 of 2 Women U18 (Youth) 100m Hurdles

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	TRUMPIE	TRUNET	201	ATHLETICS	14.14			0
2	OLKERS	SHARNE-LE	195	ATHLETICS	14.26			0
3	VAN DER LIJN	MARGA	1	WESTERN F	14.62			0
4	JOSEPH	ROGAIL	510	BOLAND A	14.72			0
5	SCHOEMAN	BIANKA	447	ATHLETICS	15.2			0
6	VAN RHYNS	BIANCA	357	ATHLETICS	15.97			0

Event= 38 13:00 Final Women U20 (Junior) Hammer

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	CUMMING	MARGA	91	ATHLETICS	52.56			0 G
2	GREYLING	MARINDA	158	ATHLETICS	50.6			0 S
3	LEONARD	TAMLYNN	781	EASTERN P	49.01			0 B
4	FOURIE	LIZELLE	705	CENTRAL G	48.35			0
5	LAMBRECHT	KARLENE	573	BOLAND A	46			0
6	PRINSLOO	DENECKE	811	GRIQUALA	43.01			0
7	HAVINGA	JANEL	139	ATHLETICS	41.58			0
8	VOSLOO	MONIQUE	637	BORDER A	40			0

Event= 39 13:05 Heat 1 of 2 Women U20 (Junior) 100m Hurdles

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	EHRKE	TANYA	702	CENTRAL G	14.27			0
2	BIELDT	TAYLON	239	ATHLETICS	14.31			0
3	FOX	CHRISTEN	154	ATHLETICS	14.57			0
4	KRUGER	JONé	88	ATHLETICS	15.21			0
5	ROUX	ANDRèE	416	ATHLETICS	15.44			0
6	ERASMUS	ANE	157	ATHLETICS	15.69			0
7	MARAIS	ZOE	779	EASTERN P	15.85			0
8	VISSER	NERINA	329	ATHLETICS	16.73			0

Event= 39 13:05 Heat 2 of 2 Women U20 (Junior) 100m Hurdles

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	HENDRIKS	VELMEIN	697	CENTRAL G	14.15			0
2	JORDAAN	MARTELIZE	572	BOLAND A	14.68			0
3	STIGLINGH	BERNICE	243	ATHLETICS	15.11			0
4	DIPPENAAF	LARA	782	EASTERN P	16.27			0

Event=	40	13:25	Heat 1 of 2 Men U18 (Youth) 110m Hurdles					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	BOGNER	JULIAN	221	ATHLETICS	13.92			0
2	LOSPER	DAMIAN	316	ATHLETICS	14.24			0
3	OCTOBER	JASON	537	BOLAND A`	14.37			0
4	VENTER	JERRY	69	ATHLETICS	14.47			0
5	LAUBCHER	MD	125	ATHLETICS	14.71			0
6	LANGE	TIAN	765	EASTERN P	14.8			0
7	HERMANU	JOSHUA	404	ATHLETICS	15.32			0
8	MONENEN	BOKANG	459	ATHLETICS	16.61			0

Event=	40	13:25	Heat 2 of 2 Men U18 (Youth) 110m Hurdles					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	VAN DER V	ROELOF	675	CENTRAL G	14.09			0
2	RICHTER	RUDOLPH	216	ATHLETICS	14.22			0
3	DOUWIE	ANDRICUS	367	ATHLETICS	14.32			0
4	CORDIER	TIAAN	686	CENTRAL G	14.81			0
5	MOLETE	RELEBOHIL	137	ATHLETICS	14.9			0
6	KLINCK	JANCO	406	ATHLETICS	15.49			0
7	VAN WYK	EDWIN	208	ATHLETICS	15.62			0
8	BEKEER	KEANEN	913	NORTH WE	16.98			0

Event=	41	13:30	Final Women U18 (Youth) Polevault					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	DU TOIT	KIAN-LEE	519	BOLAND A`	3.5			0 G
2	SWANEVEL	SIMONE	399	ATHLETICS	3.5			0 S
3	VILJOEN	ANJE	498	BOLAND A`	3.3			0 B
4	JANSE VAN	NICOLE	474	BOLAND A`	3.1			0
5	FOURIE	ODELIA	509	BOLAND A`	3.1			0
6	NIEUWOU	MARUSCKA	117	ATHLETICS	3			0
7	GIBBENS	MARGIT	494	BOLAND A`	2.9			0
8	FOURIE	ILKE	508	BOLAND A`	2.08			0

Event=	42	13:40	Heat 1 of 3 Men U20 (Junior) 110m Hurdles					
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	TLADI	MPHO	170	ATHLETICS	14.22			0
2	PIENAAR	MARCELLO	35	WESTERN F	14.31			0
3	MORGAN	REESE	735	CENTRAL G	14.57			0
3	MADINI	AZILE	930	WESTERN F	14.57			0
5	LEGODI	THAPELO	261	ATHLETICS	14.68			0
6	JACOBS	PETRUS	160	ATHLETICS	14.86			0
7	HARMSE	NICKELAS	338	ATHLETICS	15.44			0
8	MASHABE	PONATSHE	376	ATHLETICS	16.02			0

Event= 42 13:40 Heat 2 of 3 Men U20 (Junior) 110m Hurdles

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	VAN DER MER	RUHAN	258	ATHLETICS	14.16			0
2	MAGANYEI	LETHABO	254	ATHLETICS	14.18			0
3	VAN DER MER	ERIC	257	ATHLETICS	14.67			0
4	MAHOLELA	THAPELO	253	ATHLETICS	14.72			0
5	MALATJI	NOKO	897	LIMPOPO A	14.91			0
6	JOHANNES	EMILE	648	BORDER A1	15.04			0
7	LOMBARD	DIAN	350	ATHLETICS	15.13			0

Event= 42 13:40 Heat 3 of 3 Men U20 (Junior) 110m Hurdles

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	BOTHMA	ALWYN	102	ATHLETICS	14.22			0
2	PIETERSE	LEVERT	790	EASTERN P	14.4			0
3	DINGISWA	SILUSAPHO	271	ATHLETICS	14.43			0
4	SHIBODZE	VUTIVI	269	ATHLETICS	14.46			0
5	RIDDLES	DARREN	36	WESTERN F	14.53			0
6	SMIT	DÉAN	38	WESTERN F	15.09			0
7	STEENKAM	LOUWTJIE	908	LIMPOPO A	15.14			0
8	MADLOPA	SIYABONGA	715	CENTRAL G	15.32			0

Event= 43 14:00 Final Women U20 (Junior) 5000m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	VAN DER MER	NICOLE	694	CENTRAL G	17:22.3			0 G
2	TSHEHLA	DINEO	333	ATHLETICS	18:16.9			0 S
3	TYWALANA	NTOMBON	439	ATHLETICS	18:53.6			0 B
4	NJUNGUZA	ANDISIWE	841	KWA-ZULU	18:59.0			0
5	AMON	THULISILE	288	ATHLETICS	19:04.5			0
6	SINOBOM	WILLIE	437	ATHLETICS	19:30.3			0
7	GCINA	NONHLANI	839	KWA-ZULU	19:44.1			0
8	SITHOLE	NOMVULA	328	ATHLETICS	20:00.4			0

Event= 45 14:50 Semi Final 1 of 2 Men U20 (Junior) 400m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	NENE	ZAKITHI	849	KWA-ZULU	00:48.5			0
2	DLODLO	THANDO	731	CENTRAL G	00:48.5			0
3	PENNELLS	QUINTIN	722	CENTRAL G	00:49.0			0
3	BOPHI	KHAKALETI	647	BORDER A1	00:49.0			0
5	PETERSEN	ASHRAF	931	WESTERN F	00:49.4			0
6	PALMERI	FABIO	927	WESTERN F	00:50.1			0
7	NEL	JOHANNES	919	NORTH WE	00:51.0			0

Event= 45 15:00 Semi Final 1 of 2 Women U18 (Youth) 400m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	VILJOEN	MARLI	193	ATHLETICS	00:56.2			0
2	LOUW	KATINKA	512	BOLAND A	00:56.8			0

3	VAN HEER	PETRONELI	806	GRIQUALAI	00:58.7	0
4	MPITI	DELINE	358	ATHLETICS	00:58.7	0
5	VAN SCHAL	JANCKE	480	BOLAND A	00:59.5	0
6	VELDMAN	MATHABO	188	ATHLETICS	00:59.7	0
7	ENGELBRE	CARLI	450	ATHLETICS	00:59.8	0
8	BALOYI	FANISA	856	LIMPOPO A	00:59.9	0

Event= 45 14:50 Semi Final 2 of 2 Men U20 (Junior) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	BISSCHOP	BRAAM	270	ATHLETICS	00:48.4	0
2	SITHOLI	BONGANI	168	ATHLETICS	00:48.6	0
3	MARICH	NIKOLAS	714	CENTRAL G	00:48.9	0
4	ISAACS	GADEO	623	BOLAND A	00:48.9	0
5	VILJOEN	JANSEN	968	ATHLETICS	00:49.1	0
6	MOOSA	TIAAN	618	BOLAND A	00:49.9	0
7	REMANO	FELIX	788	EASTERN P	00:50.0	0
8	MARITSE	WELBORN	162	ATHLETICS	00:50.2	0

Event= 45 15:00 Semi Final 2 of 2 Women U18 (Youth) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	CUSTODIO	LEANDRA	517	BOLAND A	00:58.1	0
2	GIBBON	NICOLA	955	ATHLETICS	00:58.4	0
3	VAN DER V	ZENEY	179	ATHLETICS	00:58.7	0
4	MBATHA	SESIMPHI	967	ATHLETICS	00:58.7	0
5	BURGESS	SUZIE	965	ATHLETICS	00:59.0	0
6	MAHLOKO	BIOTUMELI	858	LIMPOPO A	01:00.5	0
7	DE KLERK	XANTE	468	ATHLETICS	01:01.1	0

Event= 46 15:00 Final Men U20 (Junior) LongJump
Place Surname Firstname Number Team Performance Points Table Medal

1	PEDRO	AARON	721	CENTRAL G	7.41	0 G
2	PONISAMN	NORBERT	352	ATHLETICS	7.22	0 S
3	PIETERSE	MULLER	272	ATHLETICS	7.21	0 B
4	GREEN	KYLE	43	WESTERN F	7.12	0
5	MPANGAN	BONGANE	739	CENTRAL G	7.01	0
6	MPEFU	JUNIOR	619	BOLAND A	6.96	0
7	MEIRING	ZINEDINE	33	WESTERN F	6.88	0
8	MATTHEE	KARL-OTTC	26	WESTERN F	6.78	0
9	PRYDE	ZACK	44	WESTERN F	6.69	0
10	VILAKAZI	SIBUSISO	348	ATHLETICS	6.45	0
11	BANDA	MAUDAS	337	ATHLETICS	6.23	0
12	NKOSI	MANQOBA	273	ATHLETICS	5.72	0

Event= 47 15:00 Final Women U20 (Junior) TripleJump
Place Surname Firstname Number Team Performance Points Table Medal

1	DOMBENI	MAHLATSI	240	ATHLETICS	11.61	0 G
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2	SCHUTTE	SOMIEN	234	ATHLETICS	11.51	0	S
3	NAKAS	AMBRE	780	EASTERN P	11.09	0	B
4	VAN ZYL	MARICHEN	576	BOLAND A	11.06	0	
5	MOFOKENI	MAPASEKA	706	CENTRAL G	10.91	0	
6	ROBERSON	CHANTE	783	EASTERN P	10.79	0	
7	WOLMARA	KIARA	417	ATHLETICS	10.63	0	
8	BOPHELO	SOE	842	KWA-ZULU	10.59	0	
9	MARABI	PHILADELP	810	GRIQUALAI	10.2	0	

Event= 48 15:00 Final Women U20 (Junior) Polevault
Place Surname Firstname Number Team Performance Points Table Medal

1	FOURIE	NADJA	155	ATHLETICS	3.4	0	G
2	VAN DER MERWE	CORLÈ	142	ATHLETICS	3.3	0	S
3	DE WEE	BIANCA	566	BOLAND A	3	0	B
4	VENTER	ZABETH	78	ATHLETICS	2.9	0	
5	FOURIE	ELATA	570	BOLAND A	2.6	0	

Event= 49 15:10 Semi Final 1 of 2 Women U18 (Youth) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	MBISA	JOVIALE	114	ATHLETICS	11.99	0	
2	WOEST	VERUSHKA	669	CENTRAL G	12.06	0	
3	BOMPAS	JESSICA	820	KWA-ZULU	12.08	0	
4	JANSE VAN SHERE		445	ATHLETICS	12.14	0	
5	PAULSE	JADE	476	BOLAND A	12.19	0	
6	JOHNSON	LARA	7	WESTERN F	12.41	0	
7	JEWASKIEV	ZENOBEA	863	LIMPOPO A	12.46	0	
8	DU PLESSIS	RENSKE	122	ATHLETICS	12.6	0	

Event= 49 15:10 Semi Final 2 of 2 Women U18 (Youth) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	XEYI	ROSE	189	ATHLETICS	12.22	0	
2	KLAAS	ZINAM	3	WESTERN F	12.5	0	
3	MOSIME	CAROLINE	199	ATHLETICS	12.55	0	
4	VAN DER MERWE	NICOLA	180	ATHLETICS	12.63	0	
5	ISAACS	CAITLIN	516	BOLAND A	12.65	0	
6	HANNEKOM	NATALIE	960	ATHLETICS	12.68	0	
7	MOFOME	MICHELLE	283	ATHLETICS	12.89	0	
8	WILLIAMS	ZOE'	499	BOLAND A	12.93	0	
9	VAN ZYL	VASTI	56	ATHLETICS	12.94	0	

Event= 50 15:25 Semi Final 1 of 3 Men U18 (Youth) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	LEMAO	TSHENOLO	210	ATHLETICS	10.68	0	
2	DOUWIE	ANDRICUS	367	ATHLETICS	10.92	0	
3	GERTSE	CURWIN	542	BOLAND A	11	0	
4	SMITH	TRISTAN	745	CENTRAL G	11.1	0	

4	CLOETE	ZANDRE	883	LIMPOPO F	11.1	0
6	DAMARAH	ANGUS	911	NORTH WE	11.33	0
7	NKOANE	AGREEMEN	134	ATHLETICS	11.35	0
8	KGOSI	MOHLALA	457	ATHLETICS	11.42	0

Event= 50 15:25 Semi Final 2 of 3 Men U18 (Youth) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	MLENGA	RETSHIDITS	219	ATHLETICS	10.83	0
2	LOSPER	DAMIAN	316	ATHLETICS	11.13	0
3	UYS	DONOVAN	323	ATHLETICS	11.19	0
4	DAVID	MTHIMUN'	284	ATHLETICS	11.32	0
5	CLASSEN	ZANE	773	EASTERN P	11.42	0
6	MOLETE	RELEBOHIL	137	ATHLETICS	11.66	0
7	VAN DER M	STEFAN	66	ATHLETICS	11.7	0
8	KUNZ	PIETER	322	ATHLETICS	13.82	0

Event= 50 15:25 Semi Final 3 of 3 Men U18 (Youth) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	DAVIDS	LUKE	11	WESTERN F	10.94	0
2	MOHAMED	MIKAAILL	631	BORDER AT	11.03	0
3	MIYA	TEBOGO	685	CENTRAL G	11.32	0
4	NTLABA	MOEKETSI	561	BOLAND A'	11.39	0
5	NJILI	LUNGELO	915	NORTH WE	11.46	0
6	MOSTERT	HUGO	553	BOLAND A'	11.63	0
7	THWALA	APHIWE	831	KWA-ZULU	11.71	0
8	MOJE	PHEMELO	368	ATHLETICS	11.82	0
9	PIETERSEN	DUWANE	772	EASTERN P	13.11	0

Event= 51 15:30 Final Women U20 (Junior) Shotput
Place Surname Firstname Number Team Performance Points Table Medal

1	STEINMAN	JANA	89	ATHLETICS	14.4	0 G
2	STANDER	YOLANDI	242	ATHLETICS	13.37	0 S
3	VAN R	VAN MIA	144	ATHLETICS	12.8	0 B
4	DU TOIT	ANNERIE	334	ATHLETICS	12.07	0
5	KAPP	ANNEKE	777	EASTERN P	11.82	0
6	CROUCAM	SAVANA	708	CENTRAL G	11.58	0
7	NIEWENHL	CARLI	80	ATHLETICS	11.43	0
8	LOTTER	LUANDRI	462	ATHLETICS	11.24	0
9	LE ROUX	MAGGIE	372	ATHLETICS	10.92	0
10	SWART	SHANIA-LEI	336	ATHLETICS	10.82	0

Event= 53 15:55 Semi Final 1 of 3 Men U20 (Junior) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	MAHOLELA	THAPELO	253	ATHLETICS	10.8	0
2	NDLELA	ANDISWA	847	KWA-ZULU	10.99	0
3	MALATJI	NOKO	897	LIMPOPO F	11.12	0

4	MABENA	WILLIAM	896	LIMPOPO A	11.14	0
5	CORDIER	DONOVAN	383	ATHLETICS	11.22	0
6	PONISAMM	NORBERT	352	ATHLETICS	11.29	0
7	MABALE	GOMOLEM	375	ATHLETICS	11.38	0
8	NONYANE	THAMSAQA	105	ATHLETICS	11.43	0

Event= 53 15:55 Semi Final 2 of 3 Men U20 (Junior) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	MONAREN	THEMBO	278	ATHLETICS	10.51	0
2	NOBLE	ETHAN	40	WESTERN F	10.71	0
3	SAULS	NATHANIEL	747	CENTRAL G	10.85	0
4	VAN DER M	JOHAN	98	ATHLETICS	10.98	0
5	MASEKO	LEHLOGON	250	ATHLETICS	11.11	0
6	VILJOEN	ANDRE	903	LIMPOPO A	11.29	0
6	NDEBELE	ANDISWA	848	KWA-ZULU	11.29	0
8	STEYN	JOHAN	798	EASTERN P	11.33	0

Event= 53 15:55 Semi Final 3 of 3 Men U20 (Junior) 100m
Place Surname Firstname Number Team Performance Points Table Medal

1	AFRICA	AMAAN	604	BOLAND A	10.96	0
2	MZOBE	MFUNDO	855	KWA-ZULU	10.97	0
3	KWALI	DUKE	355	ATHLETICS	11	0
4	MEYER	CARL	719	CENTRAL G	11.22	0
5	MABYANE	PHENYO	94	ATHLETICS	11.25	0
6	LETHEBE	DANIEL	899	LIMPOPO A	11.3	0
7	MONGWE	MFUMO	905	LIMPOPO A	11.43	0

Event= 54 16:15 Final Men U20 (Junior) 5000m
Place Surname Firstname Number Team Performance Points Table Medal

1	SEBOKO	KABELO	725	CENTRAL G	14:29.0	0 G
2	MTHEMBU	PAKISO	174	ATHLETICS	14:36.7	0 S
3	MASINA	THABO	713	CENTRAL G	14:45.6	0 B
4	ROWHALD	RATZ	42	WESTERN F	14:55.3	0
5	MOHLOMI	SIPHIWE	736	CENTRAL G	14:56.9	0
6	LEDWABA	DISEGO	898	LIMPOPO A	15:00.4	0
7	NTSASA	MOTATSI	175	ATHLETICS	15:06.8	0
8	SELOLO	TEBOHO	267	ATHLETICS	15:12.4	0
9	MENDU	THEMBEKU	32	WESTERN F	15:19.0	0
10	JANUARY	RONALDO	25	WESTERN F	15:28.6	0
11	KHOMOLA	JACOB	900	LIMPOPO A	15:32.3	0
12	WILDSHUT	ADRIAN	37	WESTERN F	15:46.0	0
13	MKHUPENI	TABILE	441	ATHLETICS	16:11.5	0
14	THULO	KANANNEL	605	BOLAND A	16:13.9	0
15	LEPHAILA	MOSUWE	165	ATHLETICS	16:27.6	0
16	MAJOZI	NHLAKANIF	844	KWA-ZULU	16:28.0	0
17	HEYNS	GODWIN	421	ATHLETICS	16:46.4	0

Event=	55	16:30 Final Women U18 (Youth) Javelin						
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	SNYMAN	GESTELLE	196	ATHLETICS		45.18		0 G
2	BOTHA	ANCKE	666	CENTRAL G		41.38		0 S
3	JANSE VAN	DANAE	176	ATHLETICS		41.32		0 B
4	WILKINSON	MINKE	118	ATHLETICS		40.4		0
5	LABUSCHA	JONETTE	55	ATHLETICS		39.83		0
6	HEUER	ANOUK	484	BOLAND A		37.25		0
7	SNYMAN	JENE	391	ATHLETICS		36.31		0
8	LABUSCHA	NIKE	803	EASTERN P		35.53		0
9	NEL	NICOLENE	61	ATHLETICS		33.69		0

Event=	56	16:45 Final Women U18 (Youth) 5km Walk						
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	ERASMUS	MEANRI	64	ATHLETICS		27:36.2		0 G
2	MEYER	KRISTIN	487	BOLAND A		27:57.0		0 S
3	VAN RENSE	NOLENE	386	ATHLETICS		28:10.9		0 B
4	DU TOIT	HILDA	518	BOLAND A		28:27.8		0
5	MSHEBA	DIMAKASTI	670	CENTRAL G		29:34.9		0
6	PIETERSE	LEONE	496	BOLAND A		29:35.9		0
7	MVELASE	XOLILE	824	KWA-ZULU		33:23.7		0
8	BENADE	MONIQUE	448	ATHLETICS		33:24.0		0
9	NGOBESSE	SIYANDA	661	CENTRAL G		34:09.0		0

Event=	57	17:00 Final Women U18 (Youth) LongJump						
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	CORNELISS	ANDREA	507	BOLAND A		5.75		0 G
2	MASHABA	NOLWAZI	292	ATHLETICS		5.69		0 S
3	VAN WYK	KARISSA	293	ATHLETICS		5.6		0 B
4	MORAKE	GONTSE	198	ATHLETICS		5.56		0
5	DUNCAN	LENÉ	10	WESTERN F		5.47		0
6	VAN JAARS	LIANE	658	CENTRAL G		5.43		0
7	KOMMER	ANDREA	395	ATHLETICS		5.34		0
8	SOLARIN	ESTHER	200	ATHLETICS		5.32		0
9	DE JAGER	MARCHELL	862	LIMPOPO F		5.19		0
10	DONOUGH	AMEERAH	6	WESTERN F		4.87		0
11	BENJAMIN	SHANNON	483	BOLAND A		4.84		0
12	VAN VUUR	LANE	112	ATHLETICS		4.77		0

Event=	58	17:00 Final Men U18 (Youth) TripleJump						
Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	MIYA	SIFISO	215	ATHLETICS		14.81		0 G
2	LE ROUX	CHRISTIE	211	ATHLETICS		14.61		0 S
3	FAROA	TRISTAN	524	BOLAND A		14.47		0 B
4	BOOYSEN	WAYLIN	18	WESTERN F		13.93		0
5	SKOSANA	MICHAEL	217	ATHLETICS		13.73		0

6	MASEEMA	THEBOGO	308	ATHLETICS	13.62	0
7	SATEKGE	KARABO	454	ATHLETICS	12.94	0
8	NGWASHEI	DIME	881	LIMPOPO A	12.56	0

Event= 59 17:00 Final Men U18 (Youth) Shotput
 Place Surname Firstname Number Team Performance Points Table Medal

1	DE LACEY	L JONATHAN	456	ATHLETICS	19.16	0	G
2	BRANDON	MORNE	688	CENTRAL G	17.99	0	S
3	LOMBARD	AARON	435	ATHLETICS	17.19	0	B
4	VAN NIEKE	CHRIS	455	ATHLETICS	16.72	0	
5	KRUGER	HANNES	138	ATHLETICS	15.74	0	
6	OTTO	WIAN	321	ATHLETICS	15.57	0	
7	PRETORIUS	DYLAN	320	ATHLETICS	14.73	0	
8	DURANT	BRANDON	75	ATHLETICS	14.7	0	
9	MOKWENA	OFENTSE	886	LIMPOPO A	14.03	0	
10	VAN TOND	TIAAN	766	EASTERN P	13.52	0	

Event= 60 17:30 Final Women U18 (Youth) 100m Hurdles
 Place Surname Firstname Number Team Performance Points Table Medal

1	VAN DER M	ANTOINETT	182	ATHLETICS	14.13	0	G
2	TRUMPIE	TRUNET	201	ATHLETICS	14.23	0	S
3	OLKERS	SHARNE-LE	195	ATHLETICS	14.44	0	B
4	JOSEPH	ROGAIL	510	BOLAND A	14.89	0	
5	VAN DER M	CARMINE	659	CENTRAL G	14.98	0	
6	MARAI	LEHANE	653	CENTRAL G	15.04	0	
6	VAN DER L	MARGA	1	WESTERN F	15.04	0	
8	SCHOEMAI	BIANKA	447	ATHLETICS	15.54	0	
9	HUGO	ELIZE	520	BOLAND A	15.6	0	

Event= 61 17:40 Final Women U20 (Junior) 100m Hurdles
 Place Surname Firstname Number Team Performance Points Table Medal

1	BIELDT	TAYLON	239	ATHLETICS	14.03	0	G
2	EHRKE	TANYA	702	CENTRAL G	14.51	0	S
3	FOX	CHRISTEN	154	ATHLETICS	14.65	0	B
4	JORDAAN	MARTELIZE	572	BOLAND A	14.85	0	
5	STIGLINGH	BERNICE	243	ATHLETICS	15.24	0	
6	KRUGER	JONé	88	ATHLETICS	15.35	0	
7	ROUX	ANDRèE	416	ATHLETICS	15.52	0	
8	HENDRIKS	VELMEIN	697	CENTRAL G	27.02	0	

Event= 62 17:50 Final Men U18 (Youth) 110m Hurdles
 Place Surname Firstname Number Team Performance Points Table Medal

1	BOGNER	JULIAN	221	ATHLETICS	13.98	0	G
2	VAN DER M	ROELOF	675	CENTRAL G	14.07	0	S
3	DOUWIE	ANDRICUS	367	ATHLETICS	14.11	0	B
4	RICHTER	RUDOLPH	216	ATHLETICS	14.21	0	

5	OCTOBER	JASON	537	BOLAND A	14.47	0
6	LAUBCHER	MD	125	ATHLETICS	14.96	0
7	LOSPER	DAMIAN	316	ATHLETICS	14.98	0
8	VENTER	JERRY	69	ATHLETICS	15.33	0

Event= 63 18:00 Final Men U20 (Junior) 110m Hurdles

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
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1	BOTHMA	ALWYN	102	ATHLETICS	14.59	0	G
2	PIETERSE	LEVERT	790	EASTERN P	14.81	0	S
3	DINGISWA	SILUSAPHO	271	ATHLETICS	14.85	0	B
4	VAN DER V	RUHAN	258	ATHLETICS	14.88	0	
5	MAGANYEI	LETHABO	254	ATHLETICS	15.99	0	
6	PIENAAR	MARCELLO	35	WESTERN F	17.69	0	

Event= 64 18:00 Final Men U20 (Junior) Javelin

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
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1	DAMES	WERNER	374	ATHLETICS	73.51	0	G
2	VAN EEDEN	ANRO	596	BOLAND A	68.54	0	S
3	KOTZE	COENRAAC	920	NORTH WE	63.9	0	B
4	BOTHA	PAUL	382	ATHLETICS	63.86	0	
5	PRINSLOO	GUSTAV	907	LIMPOPO A	62.47	0	
6	VAN VUUR	HERNU	717	CENTRAL G	60.85	0	
6	HORN	ARNOLD	904	LIMPOPO A	60.85	0	
8	ADENDORF	ANDRÉ	30	WESTERN F	60.45	0	
9	BROWN	JEAN	922	NORTH WE	55.35	0	
10	KEARNS	JUSTIN	956	ATHLETICS	52.24	0	
11	LOMBAARD	PHILIP	425	ATHLETICS	49.25	0	

Event= 65 18:10 Final Women U20 (Junior) 3000m SteepleChase

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
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1	SETHLAKG	TSHEGOFA	237	ATHLETICS	10:51.8	0	G
2	MPSHE	LESEGO	707	CENTRAL G	10:52.5	0	S
3	ORROCK	LARA	159	ATHLETICS	11:15.9	0	B
4	MABOTSA	FORTUNE	232	ATHLETICS	11:16.0	0	
5	VERMAAS	JAYME-SUE	150	ATHLETICS	11:58.5	0	
6	BOER	SHARLAN	569	BOLAND A	12:30.5	0	

Event= 66 18:30 Final Men U20 (Junior) 3000m SteepleChase

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
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1	SEBOKO	KABELO	725	CENTRAL G	09:02.7	0	G
2	MOLEJANE	NOPE	172	ATHLETICS	09:13.3	0	S
3	SEBOLA	ONKABETS	723	CENTRAL G	09:16.3	0	B
4	MNGOMEZ	PROUD	275	ATHLETICS	09:24.0	0	
5	MASEKO	BONGI	340	ATHLETICS	09:26.4	0	
6	NKONYENI	APHELELE	443	ATHLETICS	09:29.0	0	
7	MATLALA	DAVID	746	CENTRAL G	09:54.8	0	

8	VLINK	WILTON	614	BOLAND A	09:55.3	0
9	THULO	KANANNEL	605	BOLAND A	09:58.6	0

Event= 67 18:55 Final Women U18 (Youth) 100m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	XEYI	ROSE	189	ATHLETICS	11.84		0	G
2	MBISA	JOVIALE	114	ATHLETICS	12.12		0	S
3	BOMPAS	JESSICA	820	KWA-ZULU	12.2		0	B
4	JANSE VAN	SHERE	445	ATHLETICS	12.21		0	
5	WOEST	VERUSHKA	669	CENTRAL G	12.36		0	
6	KLAAS	ZINAM	3	WESTERN F	12.41		0	
7	PAULSE	JADE	476	BOLAND A	12.47		0	
7	MOSIME	CAROLINE	199	ATHLETICS	12.47		0	

Event= 68 19:00 Final Men U18 (Youth) 100m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	MLENGA	RETSHIDITS	219	ATHLETICS	10.82		0	G
2	LEMAO	TSHENOLO	210	ATHLETICS	10.9		0	S
3	DAVIDS	LUKE	11	WESTERN F	10.97		0	B
4	MOHAMED	MIKAAILL	631	BORDER A	11.1		0	
5	DOUWIE	ANDRICUS	367	ATHLETICS	11.24		0	
6	CLOETE	ZANDRE	883	LIMPOPO A	11.42		0	
6	GERTSE	CURWIN	542	BOLAND A	11.42		0	
8	LOSPER	DAMIAN	316	ATHLETICS	11.5		0	
9	SMITH	TRISTAN	745	CENTRAL G	11.63		0	

Event= 69 19:05 Final Women U20 (Junior) 100m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	VAN DER N	SIMONE	693	CENTRAL G	12.32		0	G
2	NEL	VALESCA	236	ATHLETICS	12.46		0	S
3	VERMEULE	JEAN-MARI	238	ATHLETICS	12.47		0	B
4	VAN HEER	ANJA	24	WESTERN F	12.5		0	
5	VAN DER V	SHERINE	695	CENTRAL G	12.57		0	
6	WELGEMO	HELENE	152	ATHLETICS	12.72		0	
7	FOX	CHRISTEN	154	ATHLETICS	12.78		0	
8	ROBERTSO	NIKITA	241	ATHLETICS	12.8		0	

Event= 70 19:10 Final Men U20 (Junior) 100m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	MONAREN	THEMBO	278	ATHLETICS	10.52		0	G
2	NOBLE	ETHAN	40	WESTERN F	10.6		0	S
3	MAHOLELA	THAPELO	253	ATHLETICS	10.62		0	B
4	AFRICA	AMAAN	604	BOLAND A	10.74		0	
5	SAULS	NATHANIEL	747	CENTRAL G	10.78		0	
6	NDLELA	ANDISWA	847	KWA-ZULU	10.83		0	
7	VAN DER M	JOHAN	98	ATHLETICS	10.89		0	

8 MZOBE MFUNDO 855 KWA-ZULU 11.01 0

Event= 71 19:20 Final Women U18 (Youth) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	VAN DER MER	ZENEY	179	ATHLETICS	00:55.0		0	G
2	VILJOEN	MARLI	193	ATHLETICS	00:55.7		0	S
3	LOUW	KATINKA	512	BOLAND A	00:56.3		0	B
4	CUSTODIO	LEANDRA	517	BOLAND A	00:57.4		0	
5	GIBBON	NICOLA	955	ATHLETICS	00:57.7		0	
6	MBATHA	SESIMPHIM	967	ATHLETICS	00:58.4		0	
7	VAN HEERDEN	PETRONELI	806	GRIQUALA	00:59.1		0	
8	MPITI	DELINE	358	ATHLETICS	01:00.4		0	

Event= 72 19:25 Final Men U18 (Youth) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	SOKWAKHILE	ZAZINI	226	ATHLETICS	00:47.7		0	G
2	MATLALA	FRANS	672	CENTRAL G	00:47.9		0	S
3	MEINTJIES	BENU	809	GRIQUALA	00:48.8		0	B
4	WEBER	JASON	14	WESTERN F	00:49.1		0	
5	JONKER	GERT JOHA	687	CENTRAL G	00:49.4		0	
6	GORA	LINDOKUHLI	222	ATHLETICS	00:49.6		0	
7	WELCOME	TAHRIQ	15	WESTERN F	00:49.7		0	
8	MATLALA	LESEDI	673	CENTRAL G	00:50.0		0	

Event= 73 19:35 Final Women U20 (Junior) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	LUTZ	JULIA ANN	712	CENTRAL G	00:56.3		0	G
2	LOMBAARD	BELLANCA	86	ATHLETICS	00:57.0		0	S
3	LE ROUX	AMOURE	699	CENTRAL G	00:57.1		0	B
4	SANDER	CARIEN	141	ATHLETICS	00:57.7		0	
5	KOEGELENI	MARIE-LOL	584	BOLAND A	00:57.7		0	
6	STRAMROOD	CELIA	711	CENTRAL G	00:58.6		0	
7	BASSON	KRISTIN	776	EASTERN P	00:58.9		0	
8	SCHUTTE	LARA	893	LIMPOPO A	00:59.4		0	

Event= 74 19:35 Final Men U20 (Junior) 400m
Place Surname Firstname Number Team Performance Points Table Medal

1	NENE	ZAKITHI	849	KWA-ZULU	00:47.5		0	G
2	BISSCHOP	BRAAM	270	ATHLETICS	00:47.7		0	S
3	SITHOLI	BONGANI	168	ATHLETICS	00:47.9		0	B
4	ISAACS	GADEO	623	BOLAND A	00:48.4		0	
5	MARICH	NIKOLAS	714	CENTRAL G	00:49.2		0	
6	BOPHI	KHAKALETHI	647	BORDER A	00:49.5		0	
7	PENNELLS	QUINTIN	722	CENTRAL G	00:49.7		0	

Event= 75 19:55 Final Women U18 (Youth) 1500m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	LOUW	NICOLE	119	ATHLETICS	04:23.7			0 G
2	ROELOFSE	LYNDI	668	CENTRAL G	04:27.9			0 S
3	SHANGE	YANDISWA	662	CENTRAL G	04:34.9			0 B
4	MASHISHI	DIPUO	656	CENTRAL G	04:38.4			0
5	THEMANE	BEETRICE	663	CENTRAL G	04:42.3			0
6	AQUMASH	ATHEMBA	8	WESTERN F	04:43.3			0
7	DUMISA	SISANDA	203	ATHLETICS	04:45.4			0
8	BOON	RODE	451	ATHLETICS	04:51.1			0
9	JILEKA	APHELELE	819	KWA-ZULU	04:51.4			0
10	OELOFSE	VICKY	757	EASTERN P	04:54.6			0
11	BERRY	JESSICA	294	ATHLETICS	04:56.3			0
12	LOMBARD	ESTIE	301	ATHLETICS	04:57.5			0

Event= 76 20:05 Final Men U18 (Youth) 1500m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	NDLOVU	SIYABONG	209	ATHLETICS	03:55.0			0 G
2	OOSTHHUIJ	RONEN	371	ATHLETICS	03:55.8			0 S
3	MOLOTSI	OMPHILE	224	ATHLETICS	03:57.3			0 B
4	SWART	CHRISTOPHER	228	ATHLETICS	03:57.3			0
5	MTAMBO	STHEMBISC	287	ATHLETICS	04:00.2			0
6	KRENTZECK	DYLAN	690	CENTRAL G	04:01.4			0
7	MATWEBU	NGCONDE	126	ATHLETICS	04:02.8			0
8	NDLOVU	NHLOSO	828	KWA-ZULU	04:04.1			0
9	KUBJOANE	ABRAM	889	LIMPOPO A	04:04.9			0
10	DALLY	KEEGAN	285	ATHLETICS	04:07.8			0
11	FERREIRA	BJORN	769	EASTERN P	04:08.6			0
12	MAHASE	BONANG	825	KWA-ZULU	04:10.1			0

Event= 77 20:15 Final Women U20 (Junior) 1500m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	WEITSZ	SIMONAY	700	CENTRAL G	04:21.8			0 G
2	BELING	TYLOR	145	ATHLETICS	04:33.8			0 S
3	VILAKAZI	THOBILE	703	CENTRAL G	04:37.8			0 B
4	VAN DER MERW	NICOLE	694	CENTRAL G	04:39.6			0
5	ROSSOUW	LARA	585	BOLAND A	04:41.9			0
6	PONI	SINESIPHO	438	ATHLETICS	04:50.5			0
7	VAN DER MERW	ZELDA	143	ATHLETICS	04:57.1			0
8	LEPHAILA	MAMOSUV	147	ATHLETICS	05:10.8			0

Event= 78 20:25 Final Men U20 (Junior) 1500m

Place	Surname	Firstname	Number	Team	Performance	Points	Table	Medal
1	KUSCHE	GEORGE	280	ATHLETICS	03:47.8			0 G
2	MPHAHLEL	RYAN	740	CENTRAL G	03:49.2			0 S
3	MALEBANE	DAIS	252	ATHLETICS	03:53.2			0 B
4	VITI	THABO	728	CENTRAL G	03:57.2			0

5	LEHLOGOU MORE	263	ATHLETICS	03:59.6	0
6	SIDINILE KUTLWESIS	727	CENTRAL G	04:00.0	0
7	KOTZé AUBREY	54	WESTERN F	04:01.0	0
8	SLINGER ROMANO	791	EASTERN P	04:01.5	0
9	LEKHULENI THULANI	344	ATHLETICS	04:04.1	0
10	MADUWA PHELANI	463	ATHLETICS	04:05.9	0
11	KUPIISO THEMBEKII	107	ATHLETICS	04:12.8	0

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