To	ASA Members
From	Athletics South Africa
Date	2 March 2017
Subject	SA U18 (Youth) and U20 (Junior) Track and Field Championships
No pages	16 + Entry Form

ELECTRONIC TRANSMISSION

Dear Members

Circular 26 OF ASA 2017 (03/02) – SA U18 (Youth) and U20 (Junior) Track and Field Championships

Kindly receive the Team Manual for the ASA U18 (Youth) and U20 (Junior) Track and Field Championships to be held in Cape Town at the Green Point Stadium on the 7/8 April 2017.

With the Manual you will be receiving the Entry form and the Time Table for the Championship

Please note that we need to keep to the deadlines to enable us to prepare for the Championships

Wishing all the Teams a wonderful meeting

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1992-2017

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MISSION

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

2017
South African Youth & Junior Track and Field Championships

07-08 April 2017
Cape Town

Hosted by Western Province Athletics

TEAM MANUAL

For Provincial Team Managers and Team Coaches

This event takes place in accordance with IAAF and ASA Competition Rules

From the Athletics South Africa Office:
e-Mail: DurellJ@athleticssa.co.za

For more information
Website: www.athletics.org.za

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1. VENUE

1.1 The competition will take place at the Green Point Athletics Stadium, Vlei Road, Green Point from Friday 07 April 2017 to Saturday 08 April 2017.

1.2 The stadium has an eight lane synthetic track around and a ten lane track in the straight, with facilities for all athletics events.

2. GENERAL

2.1 **The meeting will be conducted under the rules of IAAF and ASA.**

2.2 **Deadline for submission of all entry forms from Provinces is Wednesday, 15 March 2017. Please make use of the attached spread sheet for the provincial entries and individual entries from the province.** Please note that no hard copies will be accepted. Faxed or scanned entries will be rejected and the athletes will not be entered for the competition.

2.3 **The Championships are open for all ASA provincial members. Only athletes with a valid SA ID-number will be allowed to enter. Individual entries will only be allowed if an athlete was not selected by the province. All individual entries must be approved by, and channeled through the ASA Provincial Member office. This implies that all athletes should be registered members of a club and in possession of a 2017 ASA license number.**

2.4 **Competition is for the following age groups only (IAAF Rule 141):**

- **a. Youth:** 16 or 17 years old on 31 December 2017 (born in 2001 or 2000)
- **b. Junior:** 18 or 19 Years old on 31 December 2017 (born in 1999 or 1998)
- **c. Please take note that no athlete born later than 2002 will be allowed to participate**
- **d. Athletes must participate in the event(s) they wish to represent South Africa, should they be selected.**

2.5 **Entries without an ID-number will not be accepted, and it will be returned to the Province.** Please have copies of ID –documents available at number collection.

2.6 Implements: **Competitors may use their own implements, provided these are checked before competition by the Technical Manager. These implements can only be used by other athletes with the permission of the owner of the implement (competition specific rule). Personal implements, with the owner's name on it, must be handed in at the equipment room not later than 3 hours before the official starting time of the event. No competitor shall be permitted to take any implement into the arena. At the end of the competition, athletes shall leave the field carrying their own implements.**

2.7 Pole Vault: **Poles must be delivered at the Equipment Room no later than 3 hours before the official starting time of the event, or as the Technical Meeting decide. Each pole or bag must be clearly marked with the name and competition number of the athlete and the event no. After the inspection the Technical Staff shall deliver the poles to the competition area in time for the athlete's warm-up. At the end of the competition, athletes shall leave the field carrying their own poles.**

2.8 Athletes are not permitted to have in their possession cell phones, cassette recorders, radio, iPods, MP3s etc, in the competition arena (IAAF Rule 144.2 (b)).

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2.9 **At the competition area before the beginning of the event, each field athlete may have practice trials. In the case of throwing events, the practice trials will be in draw order and always under the supervision of the Judges (IAAF Rule 180.1).**

2.10 **Once the competition has begun, competitors are not permitted to use implements, runways or circles for practice or warm-up purposes. (IAAF Rule 180.2).**

2.11 **A competitor shall be excluded from further participation in the championships in cases where:**

2.11.1 **A final confirmation was given that the athlete would start in an event but then failed to participate.**

2.11.2 **He/she qualified in preliminary rounds or heats for further participation in an event but then failed to participate further.**

2.12 Heats and Qualifications:

2.12.1 **As soon as an athlete has achieved the qualification standard, he/she shall be requested to leave the field, accompanied by a Judge. All other athletes shall leave the field together, accompanied by a Judge when the event finishes.**

2.12.2 **In qualifying rounds of field events, if less than 12 competitors reach the required qualification standard, the first 12 and every competitor tying for the 12th place will be entitled to compete in the finals. In the 800m track events, 10 athletes and from 1500m and longer events, 12 athletes will go through to the finals.**

2.12.3 **In all field events and track events from and including 1500m, if only 15 competitors or less are entered for an event, there will be no qualifying rounds, and all competitors will go directly to the final.**

2.12.4 **There will be no qualifying standards set by ASA for the 2017 ASA Youth and Junior Championships. However, due to the duration of field events, there will be starting heights and starting distances in the qualifying rounds.**

2.12.5 Field Events - Starting Heights and Qualifying Distances

Field Events - Starting Heights and Qualifying Distances	**Male**	**Female**
High Jump – Junior starting height	**1.90**	**1.60**
High Jump - Youth starting height	**1.85**	**1.55**
Pole Vault - Junior starting height	**3.80**	**2.60**
Pole Vault - Youth starting height	**3.60**	**2.40**
Long Jump – Junior starting distance	**6.70**	**5.20**
Long Jump – Youth starting distance	**6.40**	**5.10**
Triple Jump – Junior starting distance	**14.00**	**10.50**
Triple Jump - Youth starting distance	**13.60**	**10.30**
Shot Put – Junior starting distance	**14.70(6kg)**	**11.20(4kg)**

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Shot Put - Youth starting distance	**14.20(5kg)**	**12.00(3kg)**
Discus Throw – Junior starting distance	**44.00(1.75kg)**	**37.00(1.00kg)**
Discus Throw - Youth starting distance	**46.00(1.5kg)**	**36.00(1kg)**
Hammer Throw – Junior starting distance	**42.50(6kg)**	**38.00(4kg)**
Hammer Throw – Youth starting distance	**48.00(5kg)**	**39.00(3kg)**
Javelin Throw – Junior starting distance	**54.00(800g)**	**38.00(4kg)**
Javelin - Youth - starting distance	**56.00(700g)**	**40.00(500g)**

2.13 **Team Managers must confirm the names and running order in writing, of the athletes participating in the various relay teams to the Meeting Secretary at least three (3) hours before each relay event takes place.**

2.14 Publication of Results:

Draw list for each event (heats, qualifying rounds and finals) as well as the results of each event will be displayed on the notice board or at a designated area at the stadium.

2.15 Participation and Entry Fee:

The entry fee for athletes at this Championship will be:
Provincial Entries: R50
Individual Entries: R100

Entry fees are payable directly to Western Province Athletics into the following bank account:

Bank Name: First National Bank
Branch: Pinelands
Branch Code: 250655
Account Name: Western Province Athletics
Account Number: 62356157886
Account Type: Cheque Account
Reference: "Members Name" & 2017 SA Junior Champs

Please provide proof of payment with your entries.

The closing date for provincial entries is by the close of business on Wednesday, 16 March 2016. Provincial entries must be done on the attached entry form and must be forwarded to the ASA office for attention of Mehlo Hlabangane (mehloh@athleticssa.co.za).

2.16 Entry fee for spectators, per day, payable at the stadium: Adults: R50, High School Scholars: R20, Primary School Scholars: FREE.

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3. EVENTS PER AGE GROUP FOR THE 2017 CHAMPIONSHIPS

Male		Item	Female	
Youth	Junior		Youth	Junior
X	X	100m	X	X
X	X	200m	X	X
X	X	400m	X	X
X	X	800m	X	X
X	X	1500m	X	X
X		3000m	X	X
	X	5000m		X
	X	10000m		
X (91,1cm)		2000m SC	X (76,2cm)	
	X (91,1cm)	3000m SC		X (76,2cm)
		90 m Hurdles		
		100 m Hurdles	X (76,2cm)	X (83,8cm)
X (91,4cm)	X (99,1cm)	110m Hurdles		
		300m Hurdles		
X (83,8cm)	X (91,4cm)	400m Hurdles	X (76,2cm)	X (76,2cm)
X (5kg)	X (6kg)	Shot Put	X (3kg)	X (4kg)
X(1,5kg)	X (1,75kg)	Discus Throw	X (1kg)	X (1kg)
X (700g)	X (800g)	Javelin Throw	X (500g)	X (600g)
X (5kg)	X (6kg)	Hammer Throw	X (3kg)	X (4kg)
X	X	Long Jump	X	X
X (11m)	X (13m)	Triple Jump	X (9m)	X (9m)
X	X	High Jump	X	X
X	X	Pole Vault	X	X
		Medley Relay		
X	X	4*100m Relay	X	X
X	X	4*400m Relay	X	X
		5000m Walk	X	
X	X	10000m Walk		X

4. ASSISTANCE TO ATHLETES

4.1 **At all races from 800 meters and above, intermediate times will be displayed on an electronic board located close to the finish line.**

4.2 **In Track Events of 5000m and longer water will be provided to athletes on the track if weather conditions warrant it. (IAAF Rule 144.4)**

4.3 **No coaches or team managers will be allowed in the infield however athletes will be allowed to communicate with their coaches outside the competition area (IAAF Rule 144.2)**

5. ATHLETES CONTROL CENTRE

5.1 **The call room for the athletes will be situated at the warm up area. All athletes must report to the call-room. If an athlete is entered in both track and field events which takes place simultaneously, the Team Manager must report this to the Control Room at least one (1) hour prior to the start of the first event.**

5.2 **When the control has been completed an official will accompany the athletes to the waiting area and final control point.**

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5.3 **Only athletes and official team managers will be allowed in the call room (i.e. no parents, coaches etc)**

5.4 **Athletes call out times will be as follows:**

Event	Call Room	Entry on the field
Field events	**60-minutes before the starting time**	**35-minutes before the starting time [except for Pole Vault]**
Pole Vault	**80-minutes before the starting time**	**65-minutes before the starting time**
Track events	**35-minutes before the starting time**	**10-minutes before the starting time**
Hurdles	**35-minutes before the starting time**	**15-minutes before the starting time**

5.5 **At registration, 2 bib numbers will be issued to each athlete. During the competition, athletes must always wear the numbers in their original shape and size properly secured on the four corners with the exception of the Pole Vault and High Jump athletes where only one number is compulsory (IAAF Rule 143.7 & 143.8).** Any athlete who does not respect these rules will not be allowed to compete.

5.6 **Competitors taking part in track events might be given a supplementary number which they must attach on the right hip. (IAAF Rule 143.9)**

5.7 **Custody of Clothing:**
All competitors competing in track events will receive a basket at the start for his/her clothes. Basket carriers will take the basket to the mixed zone. There will be a lane mark on each basket in order to make it easier for the athletes to locate their basket after the event.

6. RECORDS

Provincial teams are requested to provide the TIC with a list of provincial records for each event. If provincial teams want a provincial record ratified this must be arranged with the competition secretary and where anti-doping control is required the provincial teams will be responsible for the cost of those test. It is advisable that provincial team managers provide the TIC with their provincial record application forms at the Technical Meeting.

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7. VICTORY CEREMONY

7.1 **The first three athletes in each final event must report to the victory ceremonies area 30 minutes before the time of the victory ceremony. The victory ceremony will be held according to the victory ceremony program distributed at the technical meeting.**

7.2 Please note that athletes must be dressed in their provincial colours (full track suit and sneakers), as the victory ceremony is part of the competition. **Failure to comply will result in the athlete not being allowed to be part of the ceremony. (IAAF Rule 143.1)**

8. TECHNICAL DATA

8.1 Electronic timing will be used, and hand timing will be provided as a back- up.

8.2 The measurement of distances at the field events shall be by means of a fiber measuring tape, but all records will be measured by a steel measuring tape.

8.3 The starting heights for High Jump and Pole Vault will be available at the technical meeting.

9. TECHNICAL / TEAM managers meeting

9.1 The Technical/ Team Managers Meeting will take place as follows:

9.1.1 Date: **Thursday, 6 April 2017**

9.1.2 Time: **17h30**

9.1.3 Venue: Green Point Athletics Stadium

9.2 The Meeting will be chaired by the ASA Technical Delegate. The following officials or delegates should be in attendance: -

9.2.1 Two (2) representatives from each Province;

9.2.2 The Competition Management;

9.2.3 The members of Jury of Appeal;

9.2.4 All National Technical Officials and Referees;

9.2.5 Representatives of the LOC;

9.2.6 ASA Delegates.

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9.3 All team managers must collect their team's race numbers from 12h00 – 16h00 on Thursday 6 April 2017 at the Green Point Athletics Stadium. Final confirmation of athletes entered must be given at that time. Any withdrawals and corrections should also be addressed during that time as no further corrections will be accepted at any day after the commencement of the competition. No late entries will be accepted after 6 April 2017.

9.4 Any further withdrawals of athletes for specific events must be done by 16:00 on the day prior to the completion, as draw sheets will then be compiled for the next day of competition.

10. ANTI-DOPING CONTROL

10.1 Anti-doping control will be conducted on each day of competition in accordance with the IAAF Procedural Guidelines for Anti-doping Control under the supervision of ASA Anti-doping Control Delegate and the SA Institute for Drug Free Sport.

10.2 On receiving written notification of a test, the athlete will be permanently accompanied by an Anti-doping Control chaperone, and shall have to report to the Anti-doping Control station within 60 minutes.

10.3 Athletes will be allowed to first participate in any medal ceremony or press conferences before reporting to the Anti-doping Control Station.

10.4 Sample collection will be carried out in compliance with existing guidelines. Professionally qualified personnel, who will explain the procedure to the athletes and make them sign a consent form, will carry out the urine test.

10.5 Athletes are entitled to be accompanied to the Anti-doping Control Centre by one person of their choice. Personal identification must be presented.

10.6 Any athlete who has not been selected for testing may request testing. Athletes concerned should report to the TIC, and will then be escorted to the Anti-doping Control Centre. Cost for such tests will be entirely the responsibility of the athlete's respective province.

11. MEDICAL SERVICES

11.1 A full emergency medical service with an ambulance will be available at the stadium.

11.2 Physiotherapists will be available at the medical centre and at the warm up area.

11.3 Athletes who belong to a medical scheme must bring their membership cards in case they are required due to injuries.

12. PROTESTS AND APPEALS

12.1 Protest shall be made in accordance with IAAF Rule 146. During the course of the event an athlete or his/her team manager may lodge a verbal protest to the appropriate Referee.

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12.2 All appeals must be made in writing on the prescribed appeal form, which can be obtained from the Technical Information Centre (TIC). All appeal forms must be signed by the athlete or team manager.

12.3 The appeal must be submitted to the TIC, accompanied by a deposit of R500, no later than 30 minutes after the official announcement of the results, which is the defined time when the result are posted on the official notice boards.

13. TECHNICAL INFORMATION CENTRE

The TIC will be located in the main stadium.

14. TECHNICAL MANAGER'S OFFICE

14.1 The office of the Technical Manager is located at the stadium.

14.2 The Assizing room is situated under the main pavilion of the stadium and will be clearly marked.

15. TECHNICAL OFFICIALS

15.1 Provinces are requested to nominate a minimum of 3 and a maximum of 5 Technical Officials to officiate at the championships.

15.2 These Technical Officials must be part of the provincial team, their travelling and accommodation will be the responsibility of their respective province.

15.3 The host province will be responsible for the remuneration of the Technical Officials for all days of competition.

15.4 Please submit the names of your Technical Officials on the form supplied, with their preferred placing. Technical Officials will not necessary be placed as preferred.

15.5 The dress code for the championships will be a white golf shirt and a dark blue or black pants or skirt.

15.6 Technical Officials must report 90 minutes before the start of competition on each day of the championships

16. VISITS TO THE STADIUM

16.1 A visit to the stadium shall be organized to show Team Managers the exact location of the main facilities.

16.2 The visit shall take place at 15h00, before the Technical Meeting on Wednesday, 6 April 2017.

16.3 No warm ups or practicing will be allowed on the track. The warm up area will be available to athletes.

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17. SEATING ARRANGEMENTS

Athletes and Team Managers will be seated on the stand exclusively reserved for this purpose. Details will be available at the Technical Meeting.

18. RESULTS

Results will be posted on the results board as soon as it is available. A complete set of results will be e-mailed to all provinces after the last day of the championships. Results will also be available on the internet.

Good Luck to all teams and enjoy the 2017 Championships!

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ASA U/18 AND U/20 CHAMPIONSHIPS

TIME TABLE

DAY 1					
Event no	Time	Event	Age group	Round	Comments
1	06:30	10,000m Race Walking	G.u.20	Final	
2	08:00	400m	G.u.18	Heats	Final Event 71
3	08:10	400m	B.u.18	Heats	Semi-Final Event 44
4	08:30	400m	G.u.20	Heats	Final Event 73
5	08:30	Long Jump	B.u.20	Qualifying 1	Final Event 46
6	08:30	Triple Jump	G.u.20	Qualifying 1	Final Event 47
7	08:30	High Jump	G.u.18	Final	
8	08:30	Discus Throw (1,75kg)	B.u.20	Final	
9	08:30	Javelin Throw (500g)	G.u.18	Qualifying 1	Final Event 55
10	08:30	Shot Put (4kg)	G.u.20	Qualifying 1	Final Event 51
11	08:40	400m	B.u.20	Heats	Semi-Final Event 45
12	09:10	2,000m Steeple Chase (76,2cm)	G.u.18	Final	
13	09:25	2,000m Steeple Chase (91,4cm)	B.u.18	Final	
14	09:30	Shot Put (4kg)	G.u.20	Qualifying 2	Final Event 51
15	09:45	100m	G.u.18	Heats	Semi-Final Event 49
16	09:45	Long Jump	B.u.20	Qualifying 2	Final Event 46
17	09:45	Triple Jump	G.u.20	Qualifying 2	Final Event 47
18	09:45	Javelin Throw (500g)	G.u.18	Qualifying 2	Final Event 55
19	10:00	Discus Throw (1kg)	G.u.18	Final	
20	10:10	100m	B.u.18	Heats	Semi-Final Event 50
21	10:30	Shot Put (5kg)	B.u.18	Qualifying 1	Final Event 59
22	10:35	100m	G.u.20	Heats	Semi-Final Event 52
23	10:50	100m	B.u.20	Heats	Semi-Final Event 53
24	11:00	High Jump	B.u.18	Final	
25	11:00	Long Jump	G.u.18	Qualifying 1	Final Event 57
26	11:00	Triple Jump	B.u.18	Qualifying 1	Final Event 58
27	11:00	Javelin Throw (800g)	B.u.20	Qualifying 1	Final Event 64
28	11:25	1,500m	G.u.18	Heats	Final Event 75
29	11:30	Shot Put (5kg)	B.u.18	Qualifying 2	Final Event 59
30	11:30	Hammer Throw (5kg)	B.u.18	Final	
31	11:45	1,500m	B.u.18	Heats	Final Event 76
32	12:05	1,500m	G.u.20	Heats	Final Event 77
33	12:15	Long Jump	G.u.18	Qualifying 2	Final Event 57
34	12:15	Triple Jump	B.u.18	Qualifying 2	Final Event 58
35	12:15	Javelin Throw (800g)	B.u.20	Qualifying 2	Final Event 64

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36	12:25	1,500m	B.u.20	Heats	Final Event 78
37	12:50	100m Hurdles (76,2cm)	G.u.18	Heats	Final Event 60
38	13:00	Hammer Throw (4kg)	G.u.20	Final	
39	13:05	100m Hurdles (83,8cm)	G.u.20	Heats	Final Event 61
40	13:25	110m Hurdles (91,4cm)	B.u.18	Heats	Final Event 62
41	13:30	Pole Vault	G.u.18	Final	
42	13:40	110m Hurdles (99,1cm)	B.u.20	Heats	Final Event 63
43	14:00	5,000m	G.u.20	Final	
44	14:35	400m	B.u.18	Semi-Finals	Final Event 72
45	14:50	400m	B.u.20	Semi-Finals	Final Event 74
46	15:00	Long Jump	B.u.20	Final	
47	15:00	Triple Jump	G.u.20	Final	
48	15:00	Pole Vault	G.u.20	Final	
49	15:10	100m	G.u.18	Semi-Finals	Final Event 67
50	15:25	100m	B.u.18	Semi-Finals	Final Event 68
51	15:30	Shot Put (4kg)	G.u.20	Final	
52	15:40	100m	G.u.20	Semi-Finals	Final Event 69
53	15:55	100m	B.u.20	Semi-Finals	Final Event 70
54	16:15	5,000m	B.u.20	Final	
55	16:30	Javelin Throw (500g)	G.u.18	Final	
56	16:45	5,000m Race Walking	G.u.18	Final	
57	17:00	Long Jump	G.u.18	Final	
58	17:00	Triple Jump	B.u.18	Final	
59	17:00	Shot Put (5kg)	B.u.18	Final	
60	17:30	100m Hurdles (76,2cm)	G.u.18	Final	
61	17:40	100m Hurdles (83,8cm)	G.u.20	Final	
62	17:50	110m Hurdles (91,4cm)	B.u.18	Final	
63	18:00	110m Hurdles (99,1cm)	B.u.20	Final	
64	18:00	Javelin Throw (800g)	B.u.20	Final	
65	18:10	3,000m Steeple Chase (76,2cm)	G.u.20	Final	
66	18:30	3,000m Steeple Chase (91,4cm)	B.u.20	Final	
67	18:55	100m	G.u.18	Final	
68	19:00	100m	B.u.18	Final	
69	19:05	100m	G.u.20	Final	
70	19:10	100m	B.u.20	Final	
71	19:20	400m	G.u.18	Final	
72	19:25	400m	B.u.18	Final	
73	19:30	400m	G.u.20	Final	
74	19:35	400m	B.u.20	Final	
75	19:55	1,500m	G.u.18	Final	
76	20:05	1,500m	B.u.18	Final	
77	20:15	1,500m	G.u.20	Final	
78	20:25	1,500m	B.u.20	Final	

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DAY 2					
Event no	Time	Event	Age group	Round	Comments
79	07:00	10,000m Race Walking	B.u.18	Final	
80	07:00	10,000m Race Walking	B.u.20	Final	
81	07:30	Javelin Throw (700g)	B.u.18	Qualifying 1	Final Event 128
82	08:30	800m	G.u.18	Heats	Final Event 121
83	08:30	Shot Put (3kg)	G.u.18	Qualifying 1	Final Event 127
84	08:30	Discus Throw (1kg)	G.u.20	Final	
85	08:30	Long Jump	B.u.18	Qualifying 1	Final Event 122
86	08:30	Triple Jump	G.u.18	Qualifying 1	Final Event 123
87	08:30	High Jump	G.u.20	Final	
88	08:30	Javelin Throw (700g)	B.u.18	Qualifying 2	Final Event 128
89	08:51	800m	B.u.18	Heats	Final Event 124
90	09:12	800m	G.u.20	Heats	Final Event 125
91	09:26	800m	B.u.20	Heats	Final Event 126
92	09:30	Shot Put (3kg)	G.u.18	Qualifying 2	Final Event 127
93	09:30	Javelin Throw (600g)	G.u.20	Qualifying 1	Final Event 137
94	09:45	Long Jump	B.u.18	Qualifying 2	Final Event 122
95	09:45	Triple Jump	G.u.18	Qualifying 2	Final Event 123
96	09:50	200m	G.u.18	Heats	Semi-Final Event 113
97	10:00	Discus Throw (1.5kg)	B.u.18	Final	
98	10:10	200m	B.u.18	Heats	Semi-Final Event 116
99	10:30	Javelin Throw (600g)	G.u.20	Qualifying 2	Final Event 137
100	10:30	Shot Put (6kg)	B.u.20	Qualifying 1	Final Event 136
101	10:35	200m	G.u.20	Heats	Semi-Final Event 117
102	10:50	200m	B.u.20	Heats	Semi-Final Event 118
103	11:00	Long Jump	G.u.20	Qualifying 1	Final Event 131
104	11:00	Triple Jump	B.u.20	Qualifying 1	Final Event 132
105	11:00	High Jump	B.u.20	Final	
106	11:25	400m Hurdles (76,2cm)	G.u.18	Heats	Final Event 129
107	11:30	Shot Put (6kg)	B.u.20	Qualifying 2	Final Event 136
108	11:30	Pole Vault	B.u.18	Final	
109	11:30	Hammer Throw (3kg)	G.u.18	Final	
110	11:35	400m Hurdles (76,2cm)	G.u.20	Heats	Final Event 130
111	11:50	400m Hurdles (83,8cm)	B.u.18	Heats	Final Event 133
112	12:05	400m Hurdles (91,4cm)	B.u.20	Heats	Final Event 134
113	12:15	200m	G.u.18	Semi-Finals	Final Event 135
114	12:15	Long Jump	G.u.20	Qualifying 2	Final Event 131
115	12:15	Triple Jump	B.u.20	Qualifying 2	Final Event 132
116	12:30	200m	B.u.18	Semi-Finals	Final Event 138
117	12:45	200m	G.u.20	Semi-Finals	Final Event 139
118	13:00	200m	B.u.20	Semi-Finals	Final Event 140
119	13:00	Hammer Throw (6kg)	B.u.20	Final	
120	13:00	Pole Vault	B.u.20	Final	

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		Lunch			
121	14:00	800m	G.u.18	Final	
122	14:00	Long Jump	B.u.18	Final	
123	14:00	Triple Jump	G.u.18	Final	
124	14:07	800m	B.u.18	Final	
125	14:14	800m	G.u.20	Final	
126	14:21	800m	B.u.20	Final	
127	14:30	Shot Put (3kg)	G.u.18	Final	
128	14:30	Javelin Throw (700g)	B.u.18	Final	
129	14:50	400m Hurdles (76,2cm)	G.u.18	Final	
130	15:00	400m Hurdles (76,2cm)	G.u.20	Final	
131	15:00	Long Jump	G.u.20	Final	
132	15:00	Triple Jump	B.u.20	Final	
133	15:10	400m Hurdles (83,8cm)	B.u.18	Final	
134	15:20	400m Hurdles (91,4cm)	B.u.20	Final	
135	15:30	200m	G.u.18	Final	
136	15:30	Shot Put (6kg)	B.u.20	Final	
137	15:30	Javelin Throw (600g)	G.u.20	Final	
138	15:35	200m	B.u.18	Final	
139	15:40	200m	G.u.20	Final	
140	15:45	200m	B.u.20	Final	
141	15:55	3,000m	G.u.18	Final	
142	16:15	3,000m	G.u.20	Final	
143	16:35	3,000m	B.u.18	Final	
144	17:00	4 x 100m Relay	G.u.18	Final	
145	17:10	4 x 100m Relay	B.u.18	Final	
146	17:20	4 x 100m Relay	G.u.20	Final	
147	17:30	4 x 100m Relay	B.u.20	Final	
148	17:45	10,000m	B.u.20	Final	
149	18:35	4 x 400m Relay	G.u.18	Final	
150	18:45	4 x 400m Relay	B.u.18	Final	
151	18:55	4 x 400m Relay	G.u.20	Final	
152	19:05	4 x 400m Relay	B.u.20	Final	

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